TEACHER NOTES



Developed 2023 by QCT Registered Teacher Julie Miller NEM GDPsych GDEd BAEngLit linking to Australian Curriculum Framework v8.4

• THEMES

- respect & gratitude - empathy & understanding
- resilience & adaptability
- ourselves & others
- community & collaboration
- rhyme & visual art
- emergency services

Triple Zero Heroes takes readers on a journey into the shoes of our emergency service men and women.

More than a book about just who these people are and what they do, this story gets to the heart of why they always deserve our respect, empathy and gratitude.

This story will fill you with the Australian spirit.

Key Curriculum Areas:

English - Language, Literature, & Literacy | Hass - History & Geography | Visual Arts | STEM - Science, Technology, & Engineering | Intercultural Understanding | Critical & Creative Thinking | Personal & Social Capability

Recommended for mature readers aged 5-8 years Publication Details: *Remember, Triple Zero Heroes* by J.E. Miller Multiple illustrators Hawkeye Publishing ISBN: 9780645309973 218mm x 218mm 32 full-colour pages Premium hardcover with foam padding RRP \$29.95



Discussion Questions Before Reading:

When have you heard 'Triple Zero' before?

When is it ok to call 000?

Why shouldn't you call 000 when it's not an emergency?

What information might you need when you call 000?

Do you know your phone number and address?

What clues can you use to find your address if you don't know where you are?

Can you call 000 if a mobile phone is locked?

Is it a good idea to panic when there's an emergency or should you try and stay calm?

When you hear the word 'hero', who do you think of?

What are the most important qualities of a hero?

Can you imagine what it would feel like to be a hero?

What four emergency services are pictured on the cover? Do you know anyone in the emergency services?

Have you heard the phrases, 'step into someone's shoes,' or 'walk a mile in their shoes?' What do they mean? What does it mean to have empathy for someone? How do you feel when people show you empathy?



Have you ever wondered why we commemorate events like Anzac Day and SES week?

What things do you and your family do for these events? Does anyone you know have medals?

Investigate at <u>https://www.gg.gov.au/australian-honours-and-awards</u> and find a medal that you would like to receive. Note what you'll need to do throughout your life to earn it and how many years that might take.

Design your own medal and make a list of what someone would need to do to earn it.

If you could magically travel through space and time, where would you like to go and why?

Have you ever been in a helicopter? What was it like?

The police officer in the helicopter knows that the mission

is dangerous, but they are focused and brave.

Share a time when you were focussed and brave.

Just like the helicopter, life can be a bit bumpy sometimes too. The police officer shifts position and holds on tight. This is an analogy about showing adaptability and resilience. When things get tough, how can you adapt and be resilient?



Have you ever imagined something was different than it really was? Like the fireman imagining he's so strong he could carry a whole house, or that his water hose is a powerful force for good fighting off a fire demon.

Think of something ordinary you've done this week and use your imagination to make it extraordinary!

Have you ever seen flood water?

Why should you never go into flood water?

Aside from poo and rubbish, there are lots of creepy crawlies in flood water, all trying to get to dry land.

Fill a container with muddy water and drop in a rubber

snake, plastic spider, an old toy, or pencil. Can you see it? write a hypothes

LEVEL

What makes a good leader?

How can you learn leadership skills?

If you become a leader one day, what will you do?

Have you ever made a mistake or been in a situation when things went wrong? Everyone has. What did you plan? What actually happened? What happened next? What might you do differently next time?

By journeying with the child in this story, we've heard about some of the really hard experiences that SES, ambulance, police, and fire have had, and how they've managed to be really resilient.

Write a story where the character has to face something really difficult, and show how they overcome it.

Talk to someone from a different country and find out what the emergency services are like where they come from. You might have to do further research about these other places. Are their uniforms the same colour? Do they call 000 or a different number?

Create an illustration or write a poem about someone in the emergency services. It can be factual about someone you know or a historical figure, or you can create fiction.

History

Make a presentation about someone you think is a hero and explain why they are so special to you.

Create models of sandbag walls with little bean bags and plastic bags to see which is the most effective.



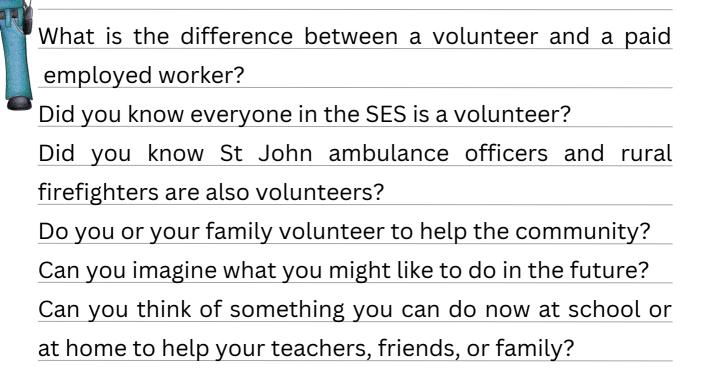
Have you ever been in an ambulance? What was it like?

Have you ever felt sad or sick and had someone do something to cheer you up? What did they do?

Have you ever cheered up someone who was sick? What did you do?

What do you think it means to say 'laughter is great medicine?' Share your best jokes and laugh together.

Make a joke book.



What do you think you want to be when you grow up? Who do you look up to most in the world? What could you do to say 'thank you' to that person?



About the Author:

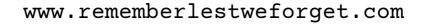
J.E. Miller NEM GDPsych GDEd BAEngLit is an author of magical realism and creator of the bestselling and internationally awarded *Remember* book series.

Growing up, her favourite books were Enid Blyton's *Magic Faraway Tree* series, *The Chronicles of Narnia* by C.S. Lewis, and E.B. White's *Charlotte's Web*.

She has three favourite quotes: 'A day without laughter is a day wasted.' - Charlie Chaplin. 'What if I fall? Oh, but my darling, what if you fly?' - Erin Hanson. 'The biggest adventure you can ever take is to live the life of your dreams.' - Oprah.

J.E. Miller has received a Queensland Meritorious Service Citation (2011), Commissioner's Commendation (2014), Queensland Meritorious Medal (2019), and a National Emergency Medal for significant service (2022).

She is a mum and she loves chocolate, caring for the environment, dancing, and making people smile. To book a virtual or in-person school visit go to her website.



About the Illustrators:

The books in the *Remember* series are illustrated by different people from around the world. Some of them are world-famous artists who have their art hanging in museums and art galleries. Some of the illustrators have special connections to the stories in these books, having been in the army, navy, airforce, police, fire, SES, or ambulance, or they have someone in their close family who has served. Some of them have jobs where they work with the people that these books are about. And some of the illustrators in these books are teachers and school students just like you!

If you'd like to find out more you can head over to the *Remember* website and read all about them.

We've already started working on **"book three"** in the series. If you think you could create an illustration just as good as the ones in *Triple Zero Heroes*, why not enter the competition to be one of the next published illustrators in the *Remember* series? Entry on the website is free!

