

TEACHER NOTES

Developed 2023 by QCT Registered Teacher
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linking to Australian Curriculum Framework v8.4



THEMES

- respect & gratitude
- empathy & understanding
- resilience & adaptability
- ourselves & others
- community & collaboration
- rhyme & visual art
- Anzac Day & defence forces

Lest We Forget takes readers on a journey into the shoes of our defence force men and women.

More than a book about just who these people are and what they do, this story gets to the heart of why they always deserve our respect, empathy and gratitude.

This story will fill you with the Australian spirit.

Key Curriculum Areas:

English - Language, Literature, & Literacy | Hass - History & Geography | Visual Arts | STEM - Science, Technology, & Engineering | Intercultural Understanding | Critical & Creative Thinking | Personal & Social Capability

Recommended for mature readers aged 5-8 years

Publication Details:

Remember, Lest We Forget

by J.E. Miller

Multiple illustrators

Hawkeye Publishing

ISBN: 9780645309997

218mm x 218mm 32 full-colour pages

Premium hardcover with foam padding

RRP \$29.95



HAWKEYE
PUBLISHING



Discussion Questions Before Reading:

When have you heard 'Lest We Forget' before?

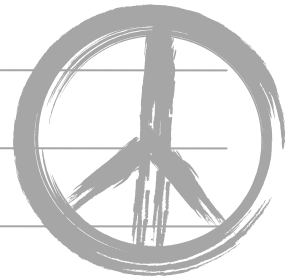
Do you know what the special hat, pictured on the front cover, is called?

Have you ever seen a slouch hat? Where and when?

The people pictured on the cover have served their country very bravely during wars, but why is war so sad?

Why is peace so important?

What can you do to promote peace in the world, in your school, and in your home?



When you hear the word 'hero', who do you think of?

What are the most important qualities of a hero?

Can you imagine what it would feel like to be a hero?

What are the three defence forces in Australia?

Do you know anyone in the army, navy, or airforce?

Has anyone in your family served during a war?

Have you heard the phrases, 'step into someone's shoes,' or 'walk a mile in their shoes?' What do they mean?

What does it mean to have empathy for someone?

How do you feel when people show you empathy?





Inquiry Based Learning Questions and Activities:

Have you ever wondered why we commemorate events like Anzac Day and Remembrance Day?

What things do you and your family do for these events?

Does anyone you know have medals?

Investigate at <https://www.gg.gov.au/australian-honours-and-awards> and find a medal that you would like to receive. Note what you'll need to do throughout your life to earn it and how many years that might take.

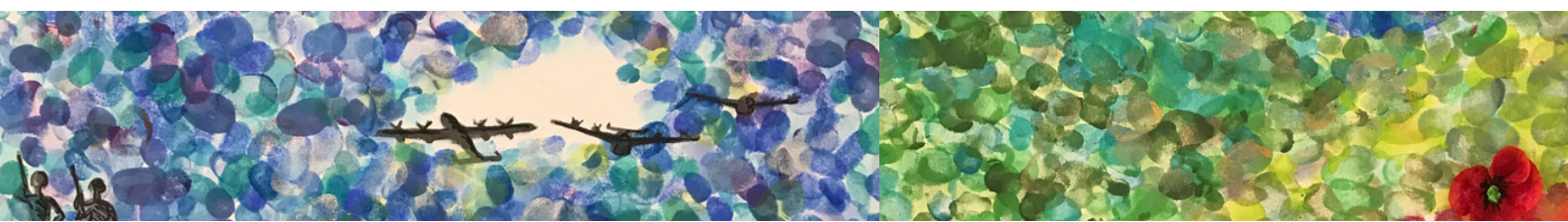
Design your own medal and make a list of what someone would need to do to earn it.



If you could magically travel through space and time, where would you like to go and why?

Have you ever been on a plane or jet? What was it like?

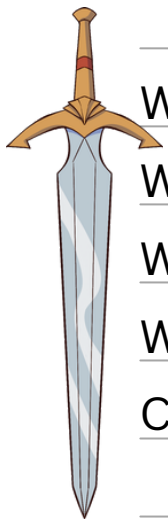
The pilot in the jet knows that the mission is dangerous, but they are focused and brave, working hard. Share a time when you were focussed and brave. Share a time when worked really hard on something and didn't give up. Create an artwork with some of your friends or classmates using your fingerprints. Create paper aeroplanes and hypothesise about which will fly farthest.





Inquiry Based Learning Questions and Activities:

Some people didn't go to war, but they helped in other ways. What are some of the helping jobs people do, other than fighting, during war times? What are some ways you can help others every day?



What is an analogy?

What does it mean to say, 'a storm that had no rain?'

What is a 'double-edged sword?'

What does it mean to say 'victory wrought with pain?'

Can you find any other analogies in the book?

Have you ever lost someone, maybe a parent, aunt, uncle, grandparent, or someone you love, or know someone who had someone very close to them die?

What does grief mean?

Everyone will experience grief sometimes.

How can you help someone who is experiencing grief?

What can you do if you feel very sad, mad, or scared?

What is the significance of the poppy?

Have you heard the poem, 'In Flanders Fields?'

Create an artwork involving poppies or write a poem.



Inquiry Based Learning Questions and Activities:

Do you have a disability or know someone who does? Have you ever imagined what it might be like? See how long you can sit in a chair and not move, no matter what. You'll have to ask for help if you want a drink or something to do. What's it like needing someone to help you with everything? Put on a blindfold and have someone lead you around. It's not easy to experience life with a disability, is it? Can you imagine what it might feel like all the time? Some disabilities are invisible, meaning you can't see them. What are some invisible disabilities?

It's important to remember that while life might be harder for people with disabilities, we shouldn't judge them. Disabilities can happen to anyone. Everyone deserves respect and a chance to follow their dreams. How can you help people with disabilities? What is the difference between equality, and equity?

The image below shows the spirit or memory of a grandfather reflected in the glass, watching over his grandson. Write a report, or make a scrapbook about your ancestors or a family member you're proud of. Why are they so special to you?





Inquiry Based Learning Questions and Activities:

Do you like listening to stories? Who reads to you? What's your favourite story? What are some things you do that make others proud? What are some things that you do that make yourself proud? What could you do?

What is the significance of a dove? Go birdwatching.



Have you heard of PTSD? What does it mean to be mentally ill? Is it any different to being physically ill? How can we help, and have 'healing hands' for people who are unwell? What can we do if we feel overwhelmed?

Learn the science behind the fight or flight response. What happens to your heart, blood, brain, & other organs? Practice some ways of staying calm under stress.

What does it mean to bear a heavy load, physically, and mentally? What are some of the sacrifices made by the members of the defence forces and their families? When things get tough, how can you adapt and be resilient, just like all the brave people in this story? What could you do to say 'thank you' to heroes who have served?





Inquiry Based Learning Questions and Activities:

What is the tradition of the toast to the fallen, on Anzac Day? Do you know what the empty chair ceremony is? What does it mean when the piper plays the last post?

By journeying with the child in this story, we've heard about some of the really hard experiences that members of the army, air force, and navy have had, and how they've managed to be really resilient. Write a story where the character has to face something really difficult, and show how they overcome it.



Talk to someone from a different country and find out what the defence forces are like where they come from. You might have to do further research about these other places. Are their uniforms the same colour?

Create an illustration or write a poem about someone in the defence forces. It can be factual about someone you know or a historical figure, or you can create fiction.

What is the Roll of Honour? Research the life of a fallen soldier and give a presentation about them.

<https://www.awm.gov.au/commemoration/honour-rolls>





About the Author:

J.E. Miller NEM GDPsych GDEd BAEngLit is an author of magical realism and creator of the bestselling and internationally awarded *Remember* book series.

Growing up, her favourite books were Enid Blyton's *Magic Faraway Tree* series, *The Chronicles of Narnia* by C.S. Lewis, and E.B. White's *Charlotte's Web*.

She has three favourite quotes: 'A day without laughter is a day wasted.' - Charlie Chaplin. 'What if I fall? Oh, but my darling, what if you fly?' - Erin Hanson. 'The biggest adventure you can ever take is to live the life of your dreams.' - Oprah.

J.E. Miller has received a Queensland Meritorious Service Citation (2011), Commissioner's Commendation (2014), Queensland Meritorious Medal (2019), and a National Emergency Medal for significant service (2022).

She is a mum and she loves chocolate, caring for the environment, dancing, and making people smile. To book a virtual or in-person school visit go to her website.

www.rememberlestweforget.com



